

This is to Certify that

*Lee Lawrence*

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Attended theoretical instruction and has demonstrated sufficient theoretical understanding of safe working at height relating to commercial & domestic window cleaning works.

# Safe Working at Height

## *COURSE CONTENT*

- *Introduction Problems Associated with Safe Working at Heights*
- *Legislation*
- *Employers Responsibility*
- *Employees Responsibility*
- *Risk Assessment*
- *Safe Systems of Work*
- *Passive Safety Systems*
- *Restraint Systems*
- *Fall Arrest Systems*
- *Fall Arrest Equipment Introduction*
- *Pre Use Inspection*
- *Donning a Safety Harness Safe*
- *Use of Associated Equipment*
- *Anchorage Point Identification*
- *Horizontal Safety Systems*
- *Vertical Safety Systems*
- *Temporary Safety Products*
- *Maintenance & Checking of Equipment*



**R W Maxwell**

Course Director

Date: 9<sup>th</sup> May 2008

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